Our Mission
To restore, maintain and improve health.
Corporate Wellness

Lafayette General Wellness at the Townhouse offers a variety of testing and services with the goal of creating a culture of wellness at the workplace. By conducting preventative testing, we can provide a comprehensive baseline of an employee’s health status, manage health care costs and improve employee health.

Services Available

All services provided are conducted on site at the workplace. Screenings are performed and results explained by a team of qualified health professionals. Employees who screen at high risk will be referred to a physician. Screenings are used as a preventative tool.

- Lipid Profile (Total Cholesterol, HDL, LDL, Triglycerides, Risk Ratio, Glucose)
- Hemoglobin
- Hgb A1C
- PSA (Screen for Prostate Cancer)
- TSH (Screen for Thyroid Stimulation Hormone)
- Hemoccult (Screen for Colon and Rectal Cancer)
- Blood Pressure, Heart Rate
- Body Fat, Height, Weight
- Personal Wellness Profile/Health Risk Assessment
- Flu Vaccine
- Executive Summary
- Individualized Health Coaching

Benefits of Work site Wellness Program

- Improved employee health
- Improved productivity
- Improved job satisfaction
- Enhanced recruitment and retention
- Decreased absenteeism
- Managed health care costs
- Improved morale

Physical Analysis

- Curl-ups
- Push-ups
- Flexibility
- Grip strength

Corporate Gym Membership

Participants of Wellness screenings interested in a membership to the Lafayette General Wellness at the Townhouse can enjoy a reduction in the fitness evaluation fee and monthly membership cost.